

MEJORES MARCAS MADRILEÑAS FEMENINAS PISCINA 50 M (18-09-2018)

2018	ABSOLUTO	12 AÑOS (06)	13 AÑOS (05)	14 AÑOS (04)	15 AÑOS (03)	16 AÑOS (02)	17 AÑOS (01)
50 LIBRE	00:25,49 (02-04-09) ARACELI HERRAEZ (CANOE)	00:29,80 (10-07-14) NADIA GONZÁLEZ (COVIBAR)	00:26,81 (31-07-15) NADIA GONZÁLEZ (RIVAS)	00:27,04 (19-03-16) NADIA GONZALEZ (CANOE)	00:26,76 (26-06-15) MARTA CANO (CANOE)	00:26,54 (31-03-11) CARMEN HERRERO (MOSCARDÓ)	00:26,43 (22-12-17) MARTA CANO (CANOE)
100 LIBRE	00:55,82 (31-03-12) PATRICIA CASTRO (CANOE)	01:01,29 (27-07-18) LARA FERNANDEZ (MOSTOLES)	00:57,42 (29-07-15) NADIA GONZÁLEZ (RIVAS)	00:57,44 (27-02-16) NADIA GONZÁLEZ (CANOE)	00:56,99 (28-02-15) MARTA CANO (CANOE)	00:56,70 (31-07-08) PATRICIA CASTRO (MOSCARDÓ)	00:55,84 (23-07-09) PATRICIA CASTRO (CANOE)
200 LIBRE	01:58,11 (15-08-10) PATRICIA CASTRO (CANOE)	02:14,67 (10-07-14) NADIA GONZALEZ (COVIBAR)	02:03,70 (06-08-15) NADIA GONZÁLEZ (RIVAS)	02:02,71 (29-02-16) NADIA GONZALEZ (CANOE)	02:01,99 (25-06-15) MARTA CANO (COVIBAR)	02:00,45 (02-08-08) PATRICIA CASTRO (MOSCARDÓ)	01:58,33 (03-04-09) PATRICIA CASTRO (CANOE)
400 LIBRE	04:09,17 (05-04-09) PATRICIA CASTRO (CANOE)	04:38,96 (20-12-14) NADIA GONZALEZ (COVIBAR)	04:25,48 (19-12-15) NADIA GONZALEZ (CANOE)	04:20,10 (01-03-16) NADIA GONZALEZ (CANOE)	04:17,20 (31-07-16) ANDREA GALISTEO (CANOE)	04:17,20 (31-07-16) ANDREA GALISTEO (CANOE)	04:09,17 (05-04-09) PATRICIA CASTRO (CANOE)
800 LIBRE	08:31,19 (18-05-16) JIMENA PEREZ (GREDOS)	09:35,03 (09-07-09) STELLA P. TORABUELA (COGLADA)	09:10,02 (01-05-15) NADIA GONZALEZ (RIVAS)	08:51,76 (04-08-15) ANDREA GALISTEO (CANOE)	08:45,82 (06-07-16) ANDREA GALISTEO (CANOE)	08:40,31 (24-08-17) ANDREA GALISTEO (CANOE)	08:36,95 (19-08-14) JIMENA PEREZ (GREDOS)
1500 LIBRE	16:17,79 (09-04-18) JIMENA PEREZ (GREDOS)		23:47,32 (01-01-12) TOPE FMN ()	17:38,17 (01-01-12) TOPE FMN ()	16:47,86 (23-05-15) ESTHER HUETE (CANOE)	16:30,63 (12-07-13) JIMENA PEREZ (GREDOS)	16:28,31 (12-04-13) JIMENA PEREZ (GREDOS)
50 MARIPOSA	00:26,78 (24-07-07) ANGELA SAN JUAN (CANOE)	00:31,03 (20-12-14) NADIA GONZALEZ (COVIBAR)	00:29,25 (05-08-15) NADIA GONZALEZ (RIVAS)	00:28,52 (29-12-16) NADIA GONZALEZ (CANOE)	00:28,36 (01-05-15) MARTA CANO (CANOE)	00:28,18 (11-04-18) NADIA GONZALEZ (CANOE)	00:28,09 (24-03-13) MARÍA SÁNCHEZ (SEK)
100 MARIPOSA	00:59,60 (26-06-09) ANGELA SAN JUAN (CANOE)	01:08,22 (06-07-12) MARTA CANO (COVIBAR)	01:03,35 (01-03-13) MARTA CANO (COVIBAR)	01:02,50 (31-07-16) NADIA GONZALEZ (CANOE)	01:01,77 (19-07-13) CARMEN RICO (CANOE)	01:01,88 (28-02-14) CARMEN RICO (CANOE)	01:01,23 (23-03-13) MARÍA SÁNCHEZ (SEK)
200 MARIPOSA	02:12,37 (21-07-09) SONIA ATANASIO (ALCORCON)	02:31,66 (07-07-12) MARTA CANO (COVIBAR)	02:20,08 (03-03-13) MARTA CANO (COVIBAR)	02:18,43 (01-07-12) CARMEN RICO (CANOE)	02:14,29 (11-07-13) CARMEN RICO (CANOE)	02:14,57 (17-07-14) CARMEN RICO (CANOE)	02:14,40 (18-08-14) JIMENA PEREZ (GREDOS)
50 ESPALDA	00:28,25 (31-07-13) DUANE DA ROCHA (CANOE)	00:33,34 (18-07-15) CLAUDIA ESPINOA (GREDOS)	00:30,36 (29-12-16) CLAUDIA ESPINOSA (GREDOS)	00:30,10 (22-12-17) CLAUDIA ESPINOSA (GREDOS)	00:29,71 (09-04-18) CLAUDIA ESPINOSA (GREDOS)	00:30,07 (09-04-18) PAULA RODRIGUEZ (CANOE)	00:29,98 (23-01-16) ROSA MAESO (CANOE)
100 ESPALDA	01:00,43 (03-09-12) DUANE DA ROCHA (CANOE)	01:08,38 (18-07-15) CLAUDIA ESPINOA (GREDOS)	01:03,60 (04-12-16) CLAUDIA ESPINOA (GREDOS)	01:02,83 (25-07-17) CLAUDIA ESPINOA (GREDOS)	01:02,76 (26-07-18) CLAUDIA ESPINOA (GREDOS)	01:02,97 (13-07-14) NATALIA PEÑA (CANOE)	01:03,26 (22-03-16) ROSA MAESO (CANOE)
200 ESPALDA	02:09,56 (22-05-12) DUANE DA ROCHA (CANOE)	02:26,34 (19-07-15) CLAUDIA ESPINOA (GREDOS)	02:15,80 (25-06-16) CLAUDIA ESPINOA (GREDOS)	02:13,42 (26-07-17) CLAUDIA ESPINOA (GREDOS)	02:14,31 (27-07-18) CLAUDIA ESPINOSA (GREDOS)	02:16,43 (19-07-14) NATALIA PEÑA (CANOE.)	02:15,45 (20-03-17) PATRICIA GARROTE (MOSCARDÓ)
50 BRAZA	00:31,83 (04-04-09) MARTA ALVAREZ (SEK S. OESTE)	00:37,24 (07-07-09) ALEJANDRA NULA (GREDOS S.D.)	00:34,53 (19-12-15) SARA LAHRACH (LEGANES)	00:33,71 (04-12-16) SARA LAHRACH (LEGANES)	00:33,25 (23-12-17) SARA LAHRACH (GREDOS)	00:32,75 (07-04-18) SARA LAHRACH (GREDOS)	00:32,56 (06-07-16) PAULA GARCIA (MOSCARDÓ)
100 BRAZA	01:09,59 (03-04-09) ANA GONZALEZ (ALCORCÓN)	01:19,59 (07-07-09) ALEJANDRA NULA (GREDOS S.D.)	01:14,51 (19-12-15) SARA LAHRACH (LEGANES)	01:10,56 (19-05-18) INÉS SANCHO (GREDOS)	01:10,92 (27-07-17) SARA LAHRACH (LEGANES)	01:10,22 (10-04-18) SARA LAHRACH (LEGANES)	01:10,62 (29-02-16) PAULA GARCIA (MOSCARDÓ)
200 BRAZA	02:33,79 (25-04-10) SARA PEREZ (CANOE)	02:50,81 (17-07-15) CLAUDIA ESPINOA (GREDOS)	02:39,71 (20-07-17) CARLOTA UNGO (EL VALLE)	02:34,06 (28-07-18) INÉS SANCHO (GREDOS)	02:36,20 (21-12-17) SARA LAHRACH (GREDOS)	02:35,21 (08-04-18) SARA LAHRACH (GREDOS)	02:35,93 (28-02-16) PAULA GARCIA (MOSCARDÓ)
200 ESTILOS	02:14,67 (22-07-09) DUANE DA ROCHA (CANOE)	02:28,57 (20-12-14) NADIA GONZÁLEZ (COVIBAR)	02:19,71 (05-08-15) NADIA GONZALEZ (RIVAS)	02:18,15 (09-07-16) NADIA GONZALEZ (CANOE)	02:17,74 (01-03-15) MARIA ARTIGAS (CANOE)	02:17,43 (18-07-09) ANA VADILLO (COVIBAR)	02:17,03 (01-07-17) ESTHER HUETE (CANOE)
400 ESTILOS	04:44,14 (08-08-15) JIMENA PEREZ (GREDOS)	05:17,70 (17-07-15) CLAUDIA ESPINOA (GREDOS)	05:01,95 (02-05-15) NADIA GONZALEZ (RIVAS)	04:57,13 (29-07-16) MAI ORTEGA (GREDOS)	04:51,54 (26-02-12) ALEJANDRA NULA (GREDOS S.D.)	04:47,74 (16-07-09) ANA I. VADILLO (COVIBAR)	04:46,19 (18-07-14) JIMENA PEREZ (GREDOS)

RECORDS DE ESPAÑA y MEJORES MARCAS NACIONALES